# Save the date for the 6<sup>th</sup> Annual Standing Up to POTS 5K/2K

Saturday, October 5, 2019 at 10:00 a.m. **Wittenberg University Student Center** 734 Woodlawn Avenue, Springfield, OH

### Register or donate online

Visit our website at StandingUptoPOTS. org/welcome/5K

# We have already awarded \$80,000 in research grants

Since 2017, we have funded POTS research teams in Canada, Germany, Sweden, and the United States!



## Help us reach our \$20,000 goal

100% of the proceeds will fund research to improve the quality of life for those living with postural orthostatic tachycardia syndrome (POTS) right now

#### Standing Up to POTS is winning awards!

NeuroConnect Summit, Washington, D.C., May 2019 We won:

- Warrior Award
- Rising Star Award

WEGO Health Awards, Las Vegas, October 2019 Nominated for:

- **Best Team Performance**
- Advocacy for Others